pen. The same day, in the afternoon, more blessings flowed into my heart. Sometime ago I designed an altar for a new Church, the motif being the Beloved Master Jesus' Ascension. When I presented the idea with drawings and a little model, the building committee and Minister did not fully accept it. I felt a little sad that time. This *same* Friday afternoon, I was informed that they had accepted my conception for the altar and would like me to proceed to execute it. You can understand my feelings of love, joy and gratitude for the manifest expression of the help and assistance of the Beloved All-loving Father and the Holy Spirit Himself! T.M., N. Y.

EDITOR: Truly was it said that not even a cup of cold water given in His Name should go unnoticed or unrewarded. Thank you beloved one for sharing your experience, acknowledging the return blessing from Our Lord Maha Chohan to you and for your own beautiful acceptance of the "I AM" Presence as the Source from whence all blessings truly flow.

* * * * * *

DEAR EDITOR: As it is evident that the present chelas and servers in the Masters work will have to be supplemented by other equally dedicated and trained chelas, what can we as individuals do to prepare for this natural continuity of the Masters' Endeavors from generation to generation? One of the greatest handicaps in the service of The Great White Brotherhood through the ages has been that when a generation of Illumined souls are called from Earth, there has been a "lapse" in the continuity of the Masters' work because no *link* (succeeding generation) was trained, equipped and ready to take upon themselves the yoke of such service. F.C.P. Havana, Cuba.

EDITOR: This is a splendid question which is pertinent at this time and much in the minds and hearts of the Beloved Saint Germain and His Assistants! If every chela and student would seek out, interest, train and prepare at least *two* understudies for himself at this time, We should be greatly assisted. It would not only expand the present Activity but assure Its efficient continuity in the years ahead. If you would care to call to Us in the Name of your own Beloved "I AM" Presence, We would be very happy to help you find such individuals as might be interested.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume V JUNE, 1956 No. 3

To the Sacred Fire, in All Its Aspects, Greetings:

We consciously give gratitude and love to the God Parents of whatever System chose to focus a portion of Themselves into Universal life and create individual self-conscious intelligences who—through the Immortal Three-fold Flame of Life so projected—could and did know and cognize the power to say and feel "I AM!"

To every such self-conscious intelligence Who has recognized the power of that Immortal Three-fold Flame of Life as the *center* of Being and through It has created and expanded certain specific God Virtues, Activities and Radiations beneficial to this Universe, We give gratitude and love.

To each foci of the Sacred Fire—of love, healing, peace, purity, opulence, mercy, sublimation of imperfection, faith, wisdom—We give Our gratitude for the full gathered momentum of that *developed* activity of the Sacred Fire which is available for the use and assistance of those desiring it.

To every unascended being seeking his way back HOME; to every one who has begun to enter into a conscious realization of the Presence of that Sacred Fire, We give Our encouragement and sustaining power.

Let all self-conscious intelligences *know* that the powers of the Sacred Fire *within themselves* are the actual Presence of God within their beating hearts. Let them enter into Its Presence; sublimate their destructive karma and human nature and then expand the particular virtues accumulated in their Causal Bodies for the enrichment of the race, nation and planet to which they presently belong!

Let the Sacred Fire be so honored, acknowledged, accepted and utilized by the chelas until, by their own individual and collective applications, they qualify to draw forth, *visible to the physical sight of all mankind,* the Presence of the Sacred Fire! Let there be established on this sweet Earth again the Temples of the Sacred Fire! So be it!

THOMAS PRINTZ, *Editor*

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The Homes and Retreats of The Masters of Wisdom

ROCKY MOUNTAIN RETREAT

June 15 through July 14, 1956

The magnificent natural cathedral, rising from the plains of the green fields of Wyoming, is the most ancient focus of the Ascended Masters upon the planet Earth. Here, ages ago, Lord Michael the Archangel and the Lord Manu of the First Root Race led the first members of the human race from Inner Levels into their first embodiment upon this sweet Earth. Here, the Seven-fold Flame of the Great Elohim formed the glorious lotus of living fire, signifying to this Universe that the Earth was ready for physical habitation. Here, Beloved Virgo (Goddess of the Earth), Aries (Goddess of the Air), Neptune (God of the Water), and Amaryliss (Goddess of Spring) met the descending spirits of the First Root Race, offering the pristine purity of a planet to them in the greatest hospitality and generosity of service ever known. Here, kneeling reverently around their Manu and Lord Michael, the members of the First Root Race thanked Almighty God for their Hostess (Earth) and all Her attendant Servants of Ministration! Here, in the etheric substance, still pulsates the Pathway of Light upon which the Lord Manu, Lord Michael, the Guardian Spirits and the Holy Innocents descended for the experience of their self-chosen expression upon the sweet Earth. From here, Masters, Angels and new-born men went North, East, South and West to carry the light of God to the four corners of the Earth.

Thus, the Rocky Mountain Retreat is (by Its very nature) the focus of precipitation, expansion of the light, and manifestation in the world of form.

FRANCHISE NOTICE

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Today the Brotherhood of the Rocky Mountain Retreat *hold* as Their *reason for being* the sustained consciousness of precipitation of the Divine Pattern through every member of the human race who chooses to return (in consciousness) to their own individualized "I Am" Presence and ask: "why was I born; sustained through countless ages; nourished by God and elemental life and given opportunity *in this day* to live upon the surface of the planet Earth?"

Because this Retreat was established as the Open Door into Earth-experience, twice each year It opens Its doors to those men, women and children who desire to become part of the redemption of the Earth which, through the ages, has lost much of its pristine purity, happiness, peace, perfection and opulence.

The Lords of Karma (further described in the Masters of Wisdom Speak in this issue) gather over the Rocky Mountain Retreat twice each year for the purpose of giving ear to the ways and means by which Masters, Angels, Elementals and men may return the Earth and Its attendant evolutions to perfection.

Petitions, ideas and spiritual designs to purify the Earth and raise Its people to their own *natural* God Estate, are discussed by The Brotherhood and chelas (still working in earth bodies). These ideas are presented to the Lords of Karma and, when feasible, the Lords of Karma grant the Petitioners (Divine, human or Elemental) opportunity to develop the seed ideas into practical, workable forms which will benefit the emotional, mental, etheric and physical planes. The results of the grants and dispensations given at previous Conclaves determine much of Their leniency and cooperation at succeeding Conclaves.

Let all earnest chelas turn their attention *consciously* toward the Rocky Mountain Retreat each evening before they retire (and as often during the day as is practically possible) with an earnest heart-desire and sincere spiritual motive *to help* in the great Cosmic Service of redemption of mis-qualified life. When possible, actual petitions and plans can be designed by the chelas; given to the Angelic Being Who accepts the suggestions and, if these plans show promise of assistance to mankind, the chela will be given opportunity to present them before the assembled Brotherhood. If the chela, himself, has not the capabilities of developing these plans entirely through his own endeavors, sometimes a Master or Angelic Being will accept

the responsibility of incorporating those plans into the activities of His particular Retreat or personal endeavor. Such a Divine Being also often offers to assist the zealous but not fully capable chela in bringing to fruition those plans. Then the Lords of Karma, looking upon the Causal bodies of the Divine Beings, their chelas and mankind en masse, study the Thought-form for the year and the possible assistance such plans would be to the development of the unified endeavor of the Spiritual Hierarchy. After such thorough research, the Great Karmic Board gives or withholds acquiescence to develop that plan.

It is truly a glorious OPPORTUNITY to attend these Conclaves; more so, *to participate in them!* You are invited so to do!

(NOTE: For further description of the Rocky Mountain Retreat, please see Transmission Flame Book pp. 20-24; 55-60; "The Bridge to Freedom", Vol. I, Nos. 3 and 8; Vol. II, Nos. 3 and 9; Vol. III, Nos. 3 and 9; Vol. IV. Nos. 3 and 9.)

Excerpts from an Address by OUR LORD—MAHA CHOHAN

Holy Thursday, March 29, 1956.

Beloved children of the One God, seeking to find comfort for your own souls, to you I come. In that seeking, you also desire to *give* comfort and *to be* a comforting presence to the rest of life; more weary, more distressed of soul, mind and body than many of you in the Western Hemisphere can conceive possible at this time.

The great spiritual partnership by which the Hierarchy of Heaven are joined with the consciousness of unascended beings is made possible when the chela consciously applies as much of the Law as he knows and then desires,—not only to *receive* God's blessings,—but in turn to *give* them to others so that such blessings may help to alleviate the distresses of those in his particular environs, his nation and the planet which forms his temporary home. This giving to others by the chelas of the gifts, instructions and communications of the Ascended Ones is carefully watched by the Karmic Board; by the Beloved Lord Maitreya and by All Who are connected with the opening of this Dispensation. The tremendous service which you have given life thus far by your personal and group application of the Law is more wonderful than you know because you do

not see with outer fleshly eyes the results which are forthcoming from your endeavors. That service has enabled Us to continue this "communion" between Ascended Masters and unascended beings who are still working out the karma of their own personal salvation and yet, while working out that karma willingly, raise their hands, hearts and voices in calling forth blessings and help for their fellowman.

On: The Denial of Appearances

Beloved ones, some of our good friends have taken the statement of our Beloved Saint Germain very literally when He says that God is everywhere and that there is no nook, corner nor cranny in the entire Universe where He is not. Some of our mental and metaphysical sciences have used that Truth to *deny* appearances of distorted form. In many cases, through mental pressure, they have driven out of their own worlds and from the worlds of those whom they are assisting certain distressing appearances (for the time being). Believe Me, however, when this is done, usually *the core and cause behind the appearances remain.* Why? Because elemental life (which is the body of God and which Beloved Saint Germain does state in Truth is everywhere), is intelligent and it has taken an individual vow to obey—what? Man! Therefore, through the thought and feeling centers; through spoken words and action; elemental life has been imprisoned in mass and individual discordant creations which seem very real to mortal minds. It is the need for the dissolving of those creations which brings to Earth, Its atmosphere and Its people,—the Beloved Archangel Michael and His Legions of the Sword of Blue Flame, together with the Mighty Astrea; the Angels of Purity; the Beloved Saint Germain's Violet Flame and other purifying activities of the Sacred Fire so that the cause and core of so much human distress may be removed and the imprisoned elemental life released from such destructive form. This elemental life so freed immediately goes back to the Sun for re-polarization and is then either given to some Ascended Master or Cosmic Being to direct in creating blessing for mankind or it may be anchored into the Causal Body of the very individual who misqualified it as added power to achieve God perfection, *if that individual has consciously used the Violet Fire to purify that life.*

You see, dear friends, the Nature of God is full Perfection

and is all-encompassing. In It I live, move and have My being. If this same Nature were your daily way of life, I would not need to speak to you now! However, the self-evident fact is that there are distressing appearances of mind, finances, body; of etheric resentments and rebellions which live in, through and around the mankind of this Earth,—proving that there must be a creator of such distress. That creator is man,—the mortal or outer mind of man. The great masses of mankind which have lived in their chains and have called that existence "God's will," are like an individual in a hospital room who is in a coma. The doctors, nurses and attendants continue to live their normal lives and yet protect this so-called "unconscious" one until the first faint glimmer of returning consciousness comes to that one. Then comes the joy and release on the part of the doctors and attendants as they draw that consciousness back into this world and help it to energize again the physical form. That is exactly Our relationship to the masses of mankind and it has been Our relationship—forgive me—even to you, our chelas, for the most part! In Our full, free God estate, We are the attendants, the nurses, the spiritual doctors, the ones tiptoeing about, watching and waiting for the time when the light within the heart expands; the mortal consciousness bursts apart (so to speak) and the individual comes out of the coma. Recognizing where he really is in God's glorious Kingdom, he then begins to take a part in endeavoring to further the glory of that Kingdom. Truly, "the Kingdom of Heaven is within you" and all about you.

As I speak to you tonight, this room is filled with Angelic and Cosmic Beings,—but do you see them? How many of you hear them? Therefore, there is a slight flaw in the concept of just the denial of human appearances, without a realization that the thought and feeling centers of mankind have concentrated elemental life (which I, Myself, *originally* drew from the Sun and focused into the world of form) into the cancer centers; tubercular centers; leper centers and every other mass and individual accumulation of discord and suffering.

Need for Conscious Call for Purification

Blessed ones, if you could look upon any great metropolis even for one evening; if you could see the thoughts, feelings and actions of the millions of people who are living therein

and you could see what was exuded from them, you would understand why Our particular gratitude flows to you who choose to come and give your calls and decrees morning and evening for the removal of the cause and core of those distressing conditions. If you could see the effluvia around but one mental hospital; around one so-called "Home for Incurables"; around one "Old Peoples' Home"; around any of the great institutions in your own city, you would be much more interested in removing the causes and cores of mankind's distress. This effluvia is actual substance emitted from the physical, etheric, mental and emotional bodies of the inhabitants of those institutions, as truly as the octopus emits that inky substance into the sea. That is why the Violet Transmuting Flame has been given you to use. The particular service of the Beloved Astrea (Complement of the Beloved Elohim of Purity) is to clear away the cause and core of the discords through the activity of the Circle and Sword of Blue Flame, for She created this very Circle and Sword in order to render just such a service to life. Her Blue Flame activity clears away the discordantly qualified substance which is causing distress, just as you would take out the core of a boil or you would remove a bullet from a wound before healing can take place. Then the purity and grace of the Beloved Elohim of Purity flows in and in that purity is every other God gift which mankind can desire.

Beloved ones, there is a certain confusion in the outer mind of many of the people at this time. For the most part, individuals do not change religions or credos more than once or twice in an embodiment. When one has walked up the spiritual steps through various types of religious training, he has absorbed mentally, emotionally, etherically and into his brain structure, a certain portion of the concepts presented by that religion. Then he tries to fit that all into the new religion he is trying to understand and sometimes there is an ensuing confusion. The activity of the Ascended Host is the purification (and I cannot emphasize this enough),—the purification of your inner bodies *until you can see Us face to face; until healing flows from your very selves the moment you enter or walk through a room; until your body is radiant with light and the blazing Flame within your heart stands forth visible to the physical sight of all; until you are completely God-free financially and in every other way!* If you are not God-free in every channel of

your experience and department of constructive endeavor, the reason goes back to one thing: impurity of some sort in one or more of your four lower bodies (physical, etheric, mental and emotional). This means the incarceration of elemental life in one or more of your vehicles (bodies) which has not been sublimated (refined by fire) and released from that imprisonment. Self-justification or ignoring this impurity will not remove it! However, application (conscious calls for the passing of the Violet Flame and other purifying activities of the Sacred Fire through it) sincerely, conscientiously and persistently made (individually and collectively) will purify it.

At the time the Beloved Astrea was given the opportunity to join with the Elohim of Purity and become with Him *One Being* in a Cosmic Nirvana (state of perpetual Heavenly bliss), She voluntarily chose to remain as a separate, individualized conscious Intelligence in order to provide this purifying action of the Circle and Sword of Blue Flame; in order that She might clear away, as the surgeon takes out the bullet, the substance of human creation. This allows the lovely activities of and substance from the Higher Realms to flow in and produce perfection.

Now, this is a science! Sometimes, I regret that it *is* a science because it would be so nice to be able to transport you instantly into Eternal and Celestial Bliss through a mere "hocus-pocus" activity. However, *this cannot be done!* This purifying of the individual's world is a personal matter. *I* passed through the initiations of purification; the Beloved Master Jesus also passed through those initiations. Of all the Beings who have gained Their eternal freedom from this world since the Buddha, I think *there has been no person more than Beloved Mother Mary* (while she still trod the Earth as an unascended being before Her victory took place) Who has *passed through so many initiations and tests of selflessness.*

Now, you are those in embodiment today who have volunteered to give this selfless service to life as Our representatives. O, there is much grumbling on that score. Many, many say: "I wish I had not volunteered so much service at Inner Levels and then come out down here and find it necessary to transmute so much discordant karma and distress". Precious hearts—*that has been said*—and you know it! Many of you have made that statement at one time or another. If *you* are not willing

to give this assistance, *who are going to be our representatives in this world of form?* Think on this! There are nine millions of people in this City tonight, many of whom are acknowledging Holy Thursday. Out of that great number only those in this room are realizing the possibility of a communion between the Holy Spirit and the outer consciousness of mankind. *If you had not volunteered—where would the Earth be today?* Sanat Kumara would not be God-free! Lord Buddha would not have made the expansion of His Own consciousness which was necessary to create a Causal Body, equal in every way to Sanat Kumara's so that that Great Lord of the Flame from Venus could take His freedom. The planet Venus and all Her people would not be accelerating the pace of Their vibratory action to a point where They will be ready for Their Solar Initiations. Lord Maitreya would not have had the opportunity of becoming the new Buddha!

Imperative Need for Readiness

Presently, Kuthumi and Jesus, acting together as the Cosmic Christ, also still retain Their offices as Chohans of the Rays. Do you know why? *Because no one else was ready!* There was no one to take the places of Kuthumi and Jesus as Chohans of Their respective Rays at this moment.

Are you ready to render the service which will be required of you in the days to come? Suppose tomorrow you were called upon to take over this Sanctuary; to take over its expense; its responsibilities and its frictions, as well as the endeavor to combine the many selves into one. Suppose, one day, when you were alone in the heart of a business district or a shopping center, you were called upon to give instantaneous protection to many people. Suppose the streets began to crack open and the buildings began to shake. Suppose also your great rivers here were suddenly to rise above their normal water-line,—would you be the calm, poised, majestic presence of your own God Self, in full command and control of the situation? *Measure yourselves,* children, O—not with such a tension that you become impossible to use at all—but with wisdom! Lord Buddha did not expect to be called for seventeen years. *He was ready!* Lord Maitreya did not expect to be called either, but *He was ready!* Kuthumi and Holy Jesus were ready! Others, thinking they had seventeen years yet to prepare for Chohanship were

not ready. You will recall that the wise virgins had the oil in their lamps and they were ready with lamps lighted when the bridegroom came.

Five years before the continent of Atlantis sank beneath the waves of what is now the Atlantic Ocean, We alerted the people who lived there as to coming cataclysmic events. Ascended Beings and Cosmic Messengers from many Realms came and spoke through the Priesthood and the Oracles. At first, the people listened to Their words and the idea was entertaining for a while. It was something new and different and it was exciting. Then, as nothing spectacular happened immediately or soon thereafter, the people went back to their pursuits of so-called "happiness". When Earth changes and cataclysms came as predicted, the great rumblings of the Earth and the sinking of Continents, *who was ready?* Only a handful—willing to take those magnificent Flames North, East, South and West. The rest of the population went down! *Get ready!!!* We are investing tremendous energies in you, beloved ones; energies which are Our life; energies which are Cosmic and We are investing them in you for a definite purpose.

Importance of Sacred Heart—Thought-form of the Year

It is also My assignment tonight to give you something on the Law. You see, We are all given Our subject matter for the classes by Lord Maitreya Who still holds that Office of service; still designing the instruction for the class work.

Now let us think upon the Thought-form for this year—the Sacred Heart made of Pink Flame with the Immortal Three-fold Flame arising from it at the top. I shall use this Thought-form as an explanation of certain points of Law which I would like to present at this time. Now, when the Immortal Three-fold Flame has emerged from Its airless cell within the heart, It has then become perfectly balanced. That is the Sacred Heart which dwells within your own Divinity. You say: "O, Thou Beloved Immortal Victorious Three-fold Flame of Eternal Truth within my heart, I love you! I love you! I love you! Take Your full freedom in me now. You are inside of me,—blaze Your light through." Through what? Through your physical, etheric, mental and emotional bodies (to which we sometimes refer as your four lower bodies). When you take that decree and, speaking to Holy Amethyst you say: "Beloved Holy Amethyst, You are inside of me, blaze Your light through"—what do you mean? Through what? Again—you mean through your physical, etheric, mental and emotional bodies. Here is a lesson on the breath which some of you already know—those of you who have learned proper breathing and have taught breath-control.

Within the Immortal Three-fold Flame inside your heart is the vital essence of every God virtue. It is connected with every Divine attribute, faculty and God-being in this Universe! It is connected with the Resurrection Temple and the activities of Jesus and Mary, as well as with the activities of the Violet Fire and Holy Amethyst; the Freedom Flame; the Flame of Truth from Pallas Athena and so on and on, indefinitely. Therefore, when you are *breathing in*—if you choose to learn the control and perfect rhythm of that breath,—picture *your heart* as this Sacred Heart and then visualize around it your physical body first; your etheric body interpenetrating that; then your mental body and then your emotional. (In the undeveloped chela, these four lower bodies look just like ovoids. However, the more spiritually developed you become, the more form they take on. So, *your* emotional body *now* has a figure, eyes and hair and so on, so have your mental, etheric and physical vehicles. This is easily seen with the Inner sight!)

Instruction on Rhythmic Breathing

For instance, if you want the purifying assistance of Holy Amethyst (She is the Divine Complement of Archangel Zadkiel and is the Archaii Who represents the feeling of the purifying power of the Violet Fire) Whom you have affirmed very strongly in your decrees *is* inside of you (for there is an anchorage of Her Flame in every beating heart); if you want Her purifying assistance of that Violet Flame, breathe into that focus of Her Violet Fire within your heart—from your emotional, mental, etheric and physical bodies, *every bit of the impure substance which is there.* Feel that substance being purified and transmuted into light while you are holding that breath within your body (Note: Please consult Transmission of the Flame books for instructions on how to use the rhythmic breath.) Then, as you release the breath from the body rhythmically, feel the Resurrection Flame passing through this energy

(*Continued on page* 15)

THE MASTERS O

(On: The

MAHA CHOHAN:

Few among mankind know of the great service rendered by the August Body known as the Lords of Karma. Of those few, many regard Them with dread of punishment and only lately has the gratitude and love of mankind risen to this Karmic Board for Their service of *mercy* rather than *retribution!*

EL MORYA:

Orderly system, divine justice, absolute exactitude in the balancing of the personal, planetary and Universal use of life, is LAW. The Lords of Karma are Instruments of this Law. The Members of this Board serve in order to give opportunity to each soul to grow spiritually; sublimate its human nature; develop and externalize the portion of the Divine Plan which can be expressed only through that particular lifestream.

KUTHUMI:

When self-conscious intelligence and the gift of free-will were given to man, his subsequent use of life required the assistance of Divine Intelligence to help him (when he was ready) to set his world again into Divine Order. The Law of the Circle—creating causes and reaping their ultimate effects—is inexorable. Energy magnetized and used by man must return to that man as happiness (if the energy was used constructively) or unhappiness (if the energy was used destructively). Man, caught in the web of his own making—feeling the return of the misqualified energy of his imperfect causes—sooner or later calls for help and assistance to God. It is then that greater assistance can be given such a man by the Lords of Karma, although They serve all evolutions impersonally with but one idea in mind . . . to help the individual, the planet and the Universe to express more of God's perfection in whatever sphere the lifestream abides.

PAUL, THE VENETIAN:

Because the karma created by an individual soul is sometimes very great, the Lords of Karma mercifully withhold the return *of all* of that karma in one lifetime. Thus the soul is

WISDOM SPEAK

of Karma)

allowed to mitigate as much karma in one embodiment as the Lords of Karma feel it can handle. This is true Divine Love . . . the expression "the Lord fits the back for the burden" relates to this Mercy, wherein much destructive karma is consciously withheld from the individual until he has learned how to sublimate it in happiness and peace.

SERAPIS BEY:

When an individual desires to become a "candidate for the Ascension" and *asks* for the *opportunity* to "clean his slate" of all destructive karma, the Lords of Karma must be in one accord as to whether such an individual has the necessary strength, fortitude, faith, illumination and general capacities to endeavor to balance the Scales of Justice in one lifetime. Without the knowledge and persistent use of the Sacred Fire of Mercy and Purification (the Violet Flame), no individual can completely purify his energies in one embodiment. However, some individuals who have redeemed through countless ages the destructive karma they previously created have only a small debt to the Universe to "pay off" in the final embodiment. Now as the knowledge of the Sacred Fire is allowed to reach the outer consciousness of individuals outside the Ascended Masters' Retreats, this sublimation can take place more quickly. It is *imperative,* however, that the "candidate for the Ascension" realizes that the returning karma seeking redemption is allowed to find its way back to that candidate in order to more quickly set him free. Sincere students, faced with much of this karma, fall into the erroneous thought and feeling pattern of "failure" because they seem to have more to handle than their fellowman. The reverse is true. These individuals are handling in one lifetime that which others might have to handle in hundreds of lives.

HILARION:

It is the responsibility of the Lords of Karma to see that every individual receives as much assistance as is possible in

sublimating the destructive karma created through mis-use of free-will. At the end of each Earth-life, the soul is called before the Karmic Board and its experiences, opportunities, potential services, seeming failures and successes examined carefully. Then the Karmic Board sends the individual to that Sphere where it can *best* prepare for another Earth-life, strengthened through purification, instruction and temporary respite from the pressures of its own karmic retribution. Before a new embodiment, the soul is again examined and the best possible conditions provided for birth in the family, race, nation and planet which will allow it to work out that portion of its karma which the Lords of Karma feel it can handle. Chelas and conscious students of the Spiritual Law often choose to "take on" more karma than the Lords of Karma would allot them. Then when re-embodied, these earnest ones tend to "blame" the Karmic Board instead of realizing that the opportunity of such redemption of mis-qualified life was their own voluntary choice. We are gradually educating the chelas to a point of recognition that the Karmic Board is a *helpful* Body of merciful Intelligences and not a *scourge* to punish the bewildered outer self.

JESUS:

When an individual comes to a true understanding of the Presence of God, he realizes that the Father and His Agents ALL WORK TOGETHER FOR THE GREATEST GOOD OF THE INDIVIDUAL AND THE WHOLE! Thus the "God of Wrath" is replaced by the "God of Love." Sins, transgressions of the Law, etc., can be sublimated through the use of the Sacred Fire—not only for the individual making the calls but, through intercessory prayer for others as well. When I said: "Thy sins are forgiven thee", I used the power of the Sacred Fire (Violet Flame) in this manner and interceded on behalf of the individuals whom I desired to set free from the effects of their own mis-use of life.

SAINT GERMAIN:

The Sacred Fire of Mercy (the Violet Flame) is made accessible to the sincere students outside the Ascended Masters' Retreats at this time to more quickly help the earnest and

sincere to purify, redeem and sublimate the distresses created by mis-use of the gift of life. As more and more individuals learn the efficacy of this power of sublimation, We shall have an expressed Brotherhood of Freedom . . . who can, at will, free themselves and others from the shadows which frighten, distress and disturb them. Ponder well on the power of Mercy to dissolve *first* the *cause and core* of the distress and *then* to dissolve the *effect before* it can appear, act, or manifest ever again. Destructive karma can be dissolved *before* it acts if the students will consciously set the Violet Fire into action to do this. We shall see how much the understanding, conscious acceptance and persistence use of this PRESENCE of the Sacred Fire of sublimation (Violet Flame) will do for the chelas. *All Our gathered momentum of Its efficacious use is available for any and all who choose to ask Us to anchor into their worlds at this time Our momentum and feeling of that power.*

OUR LORD MAHA CHOHAN—(*Continued from page* 11)

and then release it to each one of your four lower bodies, *giving just as much to each vehicle as you want them to have,—not* as much as *they want* to have. There is a great difference here and this is one of the activities of becoming Master rather than servant of your vehicles.

As you breathe out this Resurrection Flame into your *physical* body, you will feel that body vitalized; as you breathe it out into your *etheric* body, you will begin to feel the acceleration of the Divine powers which you had in the Great Central Sun before the world was; as you breathe it out into your *mental* body you will feel the clarification of those Divine concepts which come from the Heart of the Universal and as you breathe it out into your *emotional* body, you will begin to feel the buoyancy, joy and happiness of serving God, the Ascended Masters and your fellowman.

If you will faithfully practice this—*in the first place*—it will slow up your breathing process. It will cause you to breathe more deeply instead of taking those shallow, surface breaths. This will let you live longer! Now, that may not be a promise which gives you much joy! However, do you know your breaths are numbered? Do you know that if you use them up (in panting and hasty breathing—in short breaths as so many do who

live in the Western Hemisphere), you do not live as long? Do you know, too, that those individuals spoken of in the Old Testament who lived eight or nine hundred years did so because they had control of and used the slow and rhythmic breath?

In your practice of this purifying activity through the breath, at first just experiment with it for about five minutes at a time. (It would be well if this could be done rhythmically three times a day.) Then, as you become more proficient, you may increase the time you are giving to this practice. When you do so experiment, you may find one or more of your bodies not wanting to lovingly co-operate as you draw its impure substance through your breath into that purifying action of the Sacred Fire within the heart. Whatever vehicle you may have which is in particular "command" of your outer self is going to object to this attempt at its control. On the out breath, whatever vehicle has heretofore always received the most energy is going to try to seize it. So, you are going to have to be very impersonal—just as impersonal as I am. You know, in My position as the Holy Spirit, until this New Activity came forth, I had developed a very impersonal nature and you must become just as impersonal with regard to your vehicles of expression (bodies). If you need more *physical* vitality through the day and not so much *mental* energy,—*allot that energy to the physical* body where you desire to use it and vice versa. If you need more *emotional buoyancy* to overcome depressions or whatever is weighing down your feelings, *breathe that buoyancy forth from the Flame within your heart* and send it out *through* the "heavy" feelings. If you will use this activity of the controlled and rhythmic breath, you will find you will walk more slowly; you will save hurry (which causes "accident"); you will come to a greater sustained peace of soul, mind and body; greater understanding and you will be a better radiating center of blessing to all the life you contact everywhere you go. This is so because, by your attention upon the Three-fold Flame within your heart, you can contact immediately any one or all of the Flames of God-perfection—Resurrection, Healing, Purifying and so on.

Each year, the Beloved Helios and Vesta take Their time and energy to design a pattern (Thought-form) for the entire year for the evolutions of this planet, all who are living in the

Earth, on the Earth and in Its atmosphere. That pattern cannot be a whole script, Bible or series of words . . . They simplify that idea to a symbol which can be understood by anyone—an Indian, Chinese, an American,—any one who looks upon it. They *can* understand it *if they want to.* However, unfortunately, it has become more or less just a picture to the average individual—even those who know about it. *It is an arrow, pointing you individually and in your group activities toward a specific service* to which every Retreat and Sanctuary of the Ascended Masters are devoting Their energies at this time.

Meaning of Thought-form for the Year

What exactly does this Thought-form mean? It means the Heart of Divine Love which should be beating through your own, flooding all your four lower bodies with Its perfecting, forgiving, raising and illumining feelings. Now—because you have received this Thought-form for the year, *is there a change for the better in your personal activities;* is there more happiness in your home life; more harmony in your group activities and in your outer world activities as well, since the Beloved Sanat Kumara on New Year's Eve took His time and life to receive from the Silent Watcher this design which is a message to you,—or are you just the same as you were before you knew of it? Has this Pink Heart (which shows the Three-fold Flame released from Its airless cell), meant more to you than a "bauble"? *Think about this!*

You know, your physical heart has four chambers and they are called, interestingly, auricles and ventricles—auricle (oracle) the receiving center; the ventricle the directing and releasing center. In this symbol of the Thought-form of the year (1956) We have the Archaii Charity and the Lady Master Nada representing the auricles and We have Chamuel (the Archangel of the Third (pink) Ray) and Paul the Venetian (Chohan of the Third Ray) representing the ventricles. Their four-fold activity should fill your worlds with the actual feeling and expression of pure Divine love from these four Beings. Charity and Nada, Chamuel and the Venetian are real, living Beings Who represent the inflow and outflow of the actual substance, feelings and powers of accomplishment of the Sacred Love of the Sacred Fire through the Pink Flame in this service.

Symbols for "Forcefields"

Let us take one more reference to this simple picturization of the Thought-form of the year—the Sacred Heart (which form could also be used as the central figure of a "forcefield").

I have been asking for "forcefields" for years and for a simple symbol which can be used as the center figure of such "forcefield" with which the students who belong to that Sanctuary are familiar. That symbol should give those students a specific idea of what their group is doing and what particular service of magnetization and radiation is going forth from it. If the Sanctuary Director (as well as the Group directors and students who work with that one) all have the same symbol for their groups, *it builds strength.* Through unity of mental concentration, the students cut out of Universal light substance a good, clear pattern and fill it with the feelings of joy and Christ accomplishment as they continue to release their energy in decrees, songs and so on. Then, through projected consciousness, they can "travel" in that symbol which is a real form created of light substance; sustained and expanded by the energies of the groups. Through this projected consciousness, the students can visualize themselves travelling anywhere they wish to go and *there,* giving their decrees *right into the activities which need help.* For instance, you can go to the Middle East; into areas devastated by destructive climatic conditions, or wherever there is a need for your service. If every group in any one Sanctuary has a different symbol for the "forcefield" and no one has a clear and distinct idea of what they are doing, you are dissipating your energies. The center of your "forcefield" can be any constructive pattern. Some of those who have complied with My request have used the Maltese Cross as their center figure. Several have used a large, pink rose and one is a large Grail of Blue Flame. As you have seen in your "Bridge," through their calls and directing of the energies in their "forcefields," some of the groups have been dissolving ice-floes, stopping storms and rendering service in preventing and removing flood conditions.

Therefore, again I point you humbly to this idea and ask, if it is at all possible, that you decide upon and consciously create just a simple symbol which you wish to use as the central pattern for your particular "forcefield" in your local groups, wherever you live.

Beloved Sanctuary and Group Directors, please explain to the people in your groups that the Thought-form of the year (the Sacred Heart) is not a "bauble". *It is a message.* It comes from the Heavenly Host and each student who looks upon It is supposed to use it practically to heal, prosper and illumine his own being and world as well as the lives of all with whom he comes in contact. Much of this is done through radiation alone. I challenge you tonight *to see what you can do* with this Pink Heart and your group "forcefields" for the rest of the year—in the Name of God!

Now, beloved ones, thanking you for your grace, your love and your Presence, I love you always—deeply—more deeply than you know. At the time when your particular Chohan came to Me and said: "O, I have a wonderful chela; just the most magnificent lifestream. I would like to Sponsor this one in the world of form". Many times I, (knowing what was in that lifestream) have smiled and said: "all right, Son. You have not only My acquiescence but all the powers, gifts and help of My Own Life. Go ahead!" Those of you who are here today are those who have been so Sponsored by such Members of the Ascended Host and I have taken you into My heart. Tonight and always—I love you!

(NOTE: In connection with the above instruction on "forcefields", please see "The Bridge to Freedom," Jan. 1955, p. 21. This article is most interesting and informative.)

THE GURU AND THE CHELA

By the Ascended Master Kuthumi

(On: The Sacred Fire)

CHELA—Beloved Master, what is the Sacred Fire mentioned so often by the Masters?

GURU—Blessed chela, the Sacred Fire is *life* consciously qualified by some God Intelligence with a specific virtue, radiation and activity which is beneficial to evolution.

CHELA—Beloved Master, where is the focus of this Sacred Fire?

GURU—Blessed chela, within your own physical heart is a focus of the Sacred Fire, which is an Intelligence, qualified by the God-parents Who created you. Within this Three-fold Flame within your heart is a spark of every God virtue, radiation and activity which you can develop, nourish, ex-

pand and utilize practically in your every experience. Also, there are foci of the Sacred Fire in the Retreats of the Masters in this physical appearance world, at Inner Levels and, of course, in the hearts of all God-free Beings.

CHELA—Beloved Master, how can a student tune into the greater foci of the Sacred Fire which the Masters and Angels have developed?

GURU—Blessed chela, an individual can tune into the FEELINGS, ACTIVITIES, VIRTUES AND RADIATIONS of the Ascended Masters *by turning the attention toward any one of These Beings.* Along the beam of your own life (attention) the momentum of the Masters and Angels flows back into the Sacred Fire in your own heart and begins to expand that same virtue, quality, radiation and activity through your own physical, etheric, mental and emotional bodies. It is a splendid practice to develop the *latent* God virtues which are within your own "Spirit Spark" (the immortal Three-fold Flame of life within your beating heart).

CHELA—Beloved Master, can this Sacred Fire be contacted and seen in the physical world?

GURU—In times past, when mankind were purified, the Sacred Fire was visible to the physical sight of all mankind. Various specialized, qualified foci of the Sacred Fire have been drawn into the physical world and the very sight of These magnificent Flames gave faith, courage, confidence and strength to the devotee seeking added assistance through pilgrimage to the foci where the Sacred Fire was established. These days are to come again. They are a part of the New Golden Age, when Temples of the Sacred Fire will be erected and certain dedicated lifestreams will magnetize and sustain the Presence of the Sacred Fire so that all who so desire may have the blessings of Their radiation.

CHELA—Beloved Master, presently, the Sacred Fire is not visible to the student except on rare occasions. Why is this so?

GURU—Blessed chela, this is so because man has created about himself a shell (aura) of slowly moving energy and, looking through his own atmosphere, he is unable to perceive the glory of the Kingdom of Heaven, which beloved Jesus said IS AT HAND. Also, the present students have not drawn through their flesh bodies the luminous rays of their own Immortal Three-fold Flame. This too will be done in the future and every chela and student will be a manifest Temple of the Sacred Fire through self-luminosity of the flesh and the glorious aureole of color in the aura. At present, mankind is so intent on leaning upon outer form, that the tendency would be for him to turn toward the visible Presence of the Sacred Fire *outside himself* rather than turning to the focus of the Sacred Fire *inside his own heart.* This would result in a delay to his individual progress made possible by his consciously and persistently turning back into the Flame within the heart. This latter procedure stimulates the soul evolution which We seek to develop.

CHELA—Beloved Master, does the Sacred Fire have more than one form of expression?

GURU—Blessed chela, the Sacred Fire has many forms of expression, dependent upon the specialized virtue, activity and service which It is to render. It is one reason why Our Lord Maha Chohan has been teaching you to create "forcefields," specialize upon one activity of Cosmic Service, and generally prepare yourselves to be guardians of a specific focus of the Sacred Fire—whether it be protection, healing, mercy, illumination, faith, comfort, love or any other God virtue and God activity.

CHELA—Beloved Master, how can a sincere student find his way into the Sacred Fire within his own heart?

GURU—Blessed chela, again, I repeat, *through attention upon this Focus;* acceptance of Its reality; invitation to Its Presence to act through the outer self and sincerity in invoking the Masters and Angels Who are specialists in that particular virtue which the student or group desire to magnetize and radiate for the blessings of all life.

CHELA—Beloved Master, is the focus of the Sacred Fire within us "the Secret Place of the Most High" referred to by King David in the Psalms and is it the "Kingdom of Heaven" which Jesus taught is within us?

GURU—Blessed chela, truly you have spoken. In all religions, the spirit of God is thus referred to, although perhaps, it is in different terminology; also, that spirit is always spoken of as being anchored within the heart of each one's being.

(NOTE: "Guru and Chela" simply means "Master and student". However, may we point out here that a "chela" is *much more* than a mildly interested reader and seeker after Truth. "Chela" implies an individual who is *wholly*

dedicated to the Masters' Cause and service and worthy to be entrusted with more than ordinary power and assistance from the Ascended Being.)

MONTHLY LETTER TO TRANSMISSION CLASS

June, 1956

BLESSED, BELOVED PRECIPITATED FLAMES FROM THE HEART OF GOD:

"I Am" but One of Those Intelligent Flames precipitated in My time from the Source of all self conscious Intelligence! You, too, are such Precipitated Flames, around which has been coalesced the sheathes of an emotional, mental, etheric and physical body! You, in *essence,* are the Immortal Three-fold Flame of God precipitated at your point in the Universe for *one purpose*—TO FULFILL GOD'S DIVINE PLAN!

As We again enter the sacred precincts of the Rocky Mountain Retreat, We are *all* conscious that We stand on holy ground! Here, opportunity was given for the use of the free-will in designing (according to Divine promptings) the Kingdom of Heaven on Earth. Such opportunity was presented to all pilgrims who were to use the Earth as a school room. Many have forgotten their purpose. Some few, like yourselves, are remembering again and seeking The Way to fulfill that purpose and return back HOME! As you stand within the precipitating power of The Brotherhood of the Rocky Mountain Retreat, *let* Its impetus expand the Immortal Three-fold Flame within your hearts until that Flame becomes, once more, the Master control of all your energies; all your bodies; all your affairs and *be about your Father's business!* Anticipating Our mutual joy in meeting at the Conclave of Masters, Angels, Elementals and chelas before the Karmic Board, I Am

Lovingly and humbly,

THE MAHA CHOHAN

The Statement for the Transmission Flame Class of June 16, 1956, is:

1	2	3	4	5	6	7	8
"I AM"	inbreathing	the God	control	and precipitating	power	of Beloved	Lanto
"I AM"	absorbing	"	"	"	"	"	"
"I AM"	expanding	"	"	"	"	"	"
"I AM"	projecting	"	"	"	"	"	"

Color of Flame: Chinese green; Hierarch; Ascended Master Lanto; Keynote: "Evening Star" from Tannhauser.

GROUP MATERIAL FOR TRANSMISSION CLASS

June 16, 1956.

DEAR PRECIPITATED FLAME OF FREEDOM'S LOVE IN ACTION:

God bless you! What do those three little words mean to you? Do you just hurriedly skim past them to find out what is really in this letter, or do you stop just a moment, close your eyes and, turning your attention to the Presence of your own personal life (right within your beating heart), ask that God Presence Whose life you are using, to give you whatever you need the most at that moment, sustain and expand it forever. Please do this here and now—Let your very own Heavenly Father give you *what He wants you to have.* You could not even *imagine* the half of *that!*

Again we are all honored by the opportunity to enter in consciousness into the Great Conclave at the Rocky Mountain Retreat this month. These half-yearly "milestones" always give us the infinite blessing of concentrating on God's merciful gift of *forgiveness*—that beautiful activity of *giving good* (God) *in the place* of every shadow in our worlds—every human distress—which, by the way, God *never intended to be!* Here, however, let us be very sure to LET GO of that distress *in memory* as well as *in feelings* for a *distress remembered is one which has not been forgiven*—no matter what our worded expressions may be concerning it.

One of the Great Ones once suggested that if we were to call on the Law of Forgiveness steadily for thirty minutes at a time, we would be delighted with what it would do for us in freeing our worlds from much that is undesirable and troublesome to us. To do this *every day* would work wonders!

Now, there is no person on the planet still unascended and belonging to Earth's evolutions who does not need to call on the Law of Forgiveness and give his or her own God Presence the chance to help him make things right! We offer this month a statement which will work miracles for you, *if you will use it.* The Law *cannot* and *does not* apply Itself, else we should all be free by now. Beloved Morya told us recently that the following decree was being used thirty-three (33) times every day by *every one* of those who had come out from the "Compound" some time ago when that unhappy place was dissolved. They are gaining tremendous freedom from this prac-

tice—how about our trying it! It costs nothing to TRY and it brings very satisfactory results.

Let us also remember to write our petitions for presentation to the Great Karmic Board on the eve of July 4th (see previous "Bridges" of June and December issues). We also include in this issue a suggested form of petition for which the Beloved Archangel Michael has asked and we hope many of you will be interested in it enough to join us in making this call. Remember all ways—we love you and are so grateful to have you with us in our humble endeavors to serve the Masters' Cause of Freedom to all life.

Grateful for Love's Opportunity to serve with you—

"I AM" FRANCES K. EKEY

SUGGESTED CALL FOR FORGIVENESS

"Beloved Mighty Presence of God 'I AM' in me and Beloved Holy Christ Self! Look down my whole stream of lives! See what yet remains to be balanced by me to any person, place, condition or thing I have ever wronged at any time, in any way, for any reason whatsoever! Then reach Your great loving hands of light into my storehouse of good which I have accumulated through the ages—my Causal Body. Draw forth from there TEN TIMES as much perfection as I have ever done wrong. Fashion from that substance of perfection a gift of love or whatever is necessary to balance every debt I have ever created which still remains unpaid (whether it be to Those Ascended or unascended). I consciously accept this done RIGHT NOW with full power—forever sustained and ever expanding!"

(*Repeat at least 3 times each time the above is given*)

SUGGESTED PETITION

In the all-powerful Name and infinite love of my very own Beloved "I AM" Presence, I call directly to the Great Karmic Board to hear my petition for the greater blessing of all life's evolutions upon this dear Earth, in It or in Its atmosphere—those already in embodiment and those awaiting such embodiment in the future:

"Beloved Mighty Victorious Presence of God—"I AM"—and Beloved Holy Christ Self of every lifestream belonging to the evolutions of this planet Earth who have already passed through the experience known as the Second Death, I speak in the Name, Divine Love and Cosmic Authority of the Beloved Archangel Michael—Guardian and Protector of the soul-light of those belonging here. I also speak in the Name and Authority of the Beloved Sanat Kumara, Mighty Lord Buddha and Beloved Lord Maitreya (the Cosmic Christ), all the Hosts of Heaven and in the name of the people of Earth. With all the love of our being, we offer You the invitation to *try once again* to fulfill the Divine Plan of Your Own Being through a lifestream taking physical form upon the Earth. If You were so to do, we feel *that one* would be victorious, making the Ascension back into Your Heart more quickly than could have been done before. This we feel is possible because of the greater purifying activities which are now going on in, through and around our planet and this gift of Your Own dear life essence through a physical form again would give tremendous impetus to our ascending planet, Earth, and all Her evolutions. To this end we offer You our hands and hearts in love's service! So be it!"

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume V JULY, 1956 No. 4

To the Cosmic Flame of Freedom:

BLESSINGS from the hearts of All Who have utilized Your Presence to sublimate the energies of Our Personal worlds and have ascended into the God-free Estate by reason of Your assistance!

To the Beloved Master Saint Germain, Guardian of the Flame of Freedom, We send Our gratitude on behalf of all evolutions in the Earth, on the Earth and in Its atmosphere, who can—through the use of that Flame which You guard—ascend in like manner to become Divine Beings!

To the Angels of Freedom and The Brotherhood of Freedom Who, when invoked, assist in the restoration of the Earth and Its evolutions to perfection, We send our thanksgiving!

To the men and women throughout the ages who have loved Freedom and sought to bring that Freedom to their fellowman, We send Our love!

As the Earth has entered into the Activity of the Freedom Flame, upon Whose ascending tide Lord Sanat Kumara has already received His Freedom from centuries of voluntary exile, We decree that the knowledge, use and manifest expression of the efficacy of that Freedom Flame shall cover the Earth and every man, woman and child arise, throw off the shackles of limitation and walk in FREEDOM'S ROBES! Anticipating the transmutation of the Earth (now known as the Dark Star) into FREEDOM'S STAR, We move forward with those earnest chelas whose purpose, motive and activity is to a like accomplishment—NOW!

THOMAS PRINTZ, EDITOR

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